Women, Adolscent and Child Right Program Annual Report 2079/080



Presented By
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Birendranagar, Surkhet

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Women Adolescent and Child Rights Programme

I. Background

Mobilize the youth of the society for holistic development, making them conscious through education, health, livelihood and extracurricular activities, bringing the poor and backward communities into various activities conducting vocational training, education, awareness programs, orienting them towards self employment removing the passiveness in various sectors of the society. Youth for Good Governance Promoting-YGGP has been registered in 2075.

According to census 2078, the population of Nepal is 29192480 and the number of males is 12849041 and the numbers of female is 13645463. Although 51.04% of the total populations of Nepal are women, equality has not been achieved in the social structure due to terrible gender differences. As a result, women have to become victim of discrimination in political, social, economic, cultural and other areas of the country. The problem uterus prolapsed of women due to discrimination and violence against women is seen very complex problem. Not only this, women face various physical, mental, economic, political problem, Surkhet District is not untouched among the different areas of the country. Although there are various international and national treaties and laws regarding women, all documents are limited in the paper. In the constitution of Nepal 2072 a separate arrangement has been made for women's right and rights in article 38, and in article 39 there is separate arrangement has been managed for children's right. In addition, under the right to equality in articles 18, the subject of preganancy of a woman is protected. Although there if no access of reproductive health for the woman. According to society, home family, and husband wishes, they have to give birth in an unsafe way, the problem of uterian prolapsed pf women due to the burden of lack of rest and proper food during pregnancy and delivery, and girls and teenagers have to help with chores, and due to povetry, there are not allowed to go to school. The situation of surkhet district is very serioious for the betterment of this situation of the organization is established.

2. Purpose of organization:

- Adhering to the organization's values and principles, education, health, agriculture, earning income, children's rights, women's reproductive health and maintaining good governance and emphasis on institutional development.
- Employing the unemployed youth in the development of employable skills and business.
- Conducting various debate advocacy and awareness programmes for the establishment of justice, peace, equality and prosperious society.
- Continously carryout activities such as local governance, social accountability, and human rights promotion.
- To creat prosperious Nepal by coordinating and cooperating with national and international organization that have a respectable objectives.

3. Introduction to Women, Girls and Children Rights Programme:

Under Environmental Agriculture and Development Centre (CAED), Women, girl and Children Rights Program until 2023, Women's Reproductive Rights Program has been cooperating with youth organizations to promote governance in Surkhet for 7 years, especially women's health and uterine prolepse, women's violence, sexual and reproductive health, Child marriage reduction, youth

empowerment, child club advocacy, support in various campaigns. Likewise, public awareness and support regarding sexual and reproductive health among out-of-school adolescents, as well as supporting out-of-school adolescents in school regularity, support in the formulation of policies related to women, adolescents and children, as well as menstrual and menstrual hygiene management campaign, training of teachers, health workers, and adolescents in hygiene management and domestic pad manufacturing, free health campaign for women with uterian prolapse are being conducted. The main reason for the problem of uterine prolapse in Nepal is pregnancy at a young age, having too many babies within small gap, and lack of education. To prevent this problem, stop early marriage and create an environment for regular schooling. For this, it seems that girls and teenagers should be involved in various awareness programs related to sex and reproductive health. If girls can be given higher education and employment, it seems that a situation can be created where they can survive from child marriage and enjoy their reproductive rights. If children are given knowledge about child rights from an early age, they will be empowered to continue their studies and avoid child marriag. As a result, the health problems of girls and women seem to be reduced In this context, community-based resistive and empowerment program focusing on advocacy and lobbying has been conducting programs related to women, girls and children's rights under CAED, a youth organization for the promotion of good governance.

4. Propriety of the program

Good health is an important health resource to improve the quality of life of every citizen and is indispensable for the development of the society and the nation. Among the reproductive health problems of Nepalese women, uteterus prolapse is one of the major problems. There is a tendency to be ashamed to show problems about his problems and even go to the health workers themselves to check. This problem usually appears after childbirth. Therefore, we have been widely spreading the issues of identification, prevention and treatment of this problem through various activities in the community. In particular, women's sexual and reproductive health, women's violence, child marriage reduction, youth empowerment, child club, advocacy, support for out-of-school adolescents in school irregularities, support in policy making for women, adolescents, and children, Chhaupadi menstruation and sanitation management campaign, training of trained health workers on sanitation management and home pad construction for adolescents, women's network and youth advocacy It is the need of this district to do programs like support to organizations. In our patriarchal society, women are expected to do all the housework, even from childhood to adulthood, women have to do housework and hard work, and so the condition of women's health and education is very poor. On the other hand, women who keep the problem to themselves due to being rejected by the home and society even though they know that their uterus has fallen, still suffer. Therefore, this problem has arisen due to the old way of working in the village and the lack of knowledge about it. Early marriage and childbearing at an early age, lack of prenatal care, lack of skilled health workers, lack of nutritious food, and many problems are seen in women. Although it is a problem for women physically, it is also directly affecting men economically. It is said that a man first gets education from his mother, if a woman is healthy and educated, then it will be good.

5. Target class

The target groups of this women's girl and child rights project are teenage women from underprivileged communities, Dalit children, youth and children who are deprived of going to school. Its working areas are Simta rural municipality, Baraha rural municipality and Chaukune rural municipality of Surkhet district

5.1 Target number of households:

Sn	Rural Municipality Ward no	Savik Village Ward No	Dalit	Indegenous	Other	Total
1.	Barahatal rural municipality ward number 6	Pokhari kanda ward number 4	210	47	304	561
2.	Barahatal rural municipality ward number 7	Pokhari kanda ward number 4	1280	1153	76	2509
3.	Barahatal rural municipality ward number 10	Lekh Gaaun ward number 7	130	295	138	563
4.	Simta rural municipality ward number 6	Rakam ward number 6	365	140	476	981
5.	Chaukune rural municipality ward number 4	Bijaura ward number 4	-	-	-	568
6.	Chaukune rural municipality ward number 5	Bijaura ward number 4	201	198	138	537
7.	Chaukune rural municipality ward number 9	Ghaat Gaaun ward number 4	-	-	-	463
8.	Chaukune rural municipality ward number 10	Ghaat Gaaun ward number 4	-	-	-	516
	Total					698

5.2 Beneficiary Population:

description	Male	Female	Boy	Girl	Total
Number of	Number of	Number of	Number of	Number of	Total number
direct	men directly	women	boys directly	girls directly	of men,
beneficiaries	involved in the	directly	involved in the	involved in the	women, boys
	programme	involved in the	programme	programme	and girls
	are 636	programme	are 264	are 409	directly
		are 2599			involved in the
					programme
					are 3908
Number of	Number of	Number of	Number of	Number of	Total number
indirect	men indirectly	women	b0ys indirectly	girls indirectly	of men,
beneficiaries	involved in the	indirectly	involved in the	involved in the	women,boys,
	programme is	involved in the	programme is	programme is	and girls
	1272	programme is	528	818	indirectly
		5198			involved in the
					programme is
					7816

5.3 Child Campaigners:

Child Campaigners	Boys	Girls	Total
The number of child	The number of boys	The number of girls	Total number of boys
campaigner currently	currently involved in	currently involved in	and girls currently
involved is 100.	Rakam are 35	Rakam are 65	involved in Rakam are
			100.

5.4: Status of progress in areas of expected results

Thematic areas of expected result	Key achievement related to thematic areas of expected results.	Success story
Save the child: Children's access to health services and knowledge related to health and lifestyle choices will be enhanced	For the health of pregnant women, children in villages and communities, fish, meat, milk, green vegetables and local fruits are eaten at their homes. In order to fully vaccinate the children, eight times pregnancy check-up during pregnancy, as well as providing love, affection, support during childbirth and have started to develop eating four meals each day. It seems that the number of regular pregnancy check-ups and safe deliveries by trained health workers at health institutions has also increased. For the purpose of promoting vegetable gardening for the nutrition of pregnant women and children, after distributing them institutionally, it is found that green vegetable gardening is made and used at home.	
Child Protection: Children will be aware of their child rights and be protected from violence and exploitation	In order to keep every child safe, coordination with the municipal and every ward to form Child Rights Committee and conducted related to child rights work and child campaigner is formed by cordinating with school. Interact with their parents to stop about child abuse, sexual abuse, child trafficking and domestic violence in community and schools. Children participate in various awareness programs through clubs and groups to end violence, socialism and misbehavior	
Child Development: Children will have access to out-of-school activities that support quality education and holistic development	Children's Club, child campaigner and other school children, the organization conducts various awareness programs such as violence through child marriage, gender violence, sexual abuse, In order to keep menstrual hygiene, painting competition, extracurricular activities are organized in schools, and the cooperative spirit of discussion in groups has been developed. Participating in every activity of the school, paying attention to cleanliness and coming to school regularly has encouraged the development and method of quality education.	
Child Participation : Children will feel empowered and involved in the decision-making process	For children's participation, the organization formed a child rights committee in cooperation with public representative's concerned agencies and individuals, health volunteers, children's clubs and other people in the community. Each child club committees have been formed in Surkhet district that is three Municiple simta, Barahatal and Chaukune ward level. In Simta rural municipality school level child group and child campaigner is formed. It has also been participating in extracurricular activities on various national	

and international days. Children have changed and are able to open up and talk to others and can confidently tell others about their problems. Pay attention to regular menstrual hygiene at school and regular health hygiene. Those participating in extracurricular activities conducted by the school have become aware of sexual and reproductive health.

5.5 Child and Adolescent Centered Development Concept:

- How children and adolescents are being involved in the decisionmaking process of the program.
- Children and teenagers hold a joint meeting in a school about when the activities to be held, how the work to be done and make an action plan to acompalish. After they have participated in the project program and children's club, they participate in various trainings and meetings in the school. Child club's Bima Bk's response She says that earlier she did not like to participate in any extracurricular activities in school, she did not like to stay in school and study And she responded that she likes to come to school and like to study. She says that she also participates in extracurricular activities like quiz contest in school.
- What kind of cooperation and partnership works has been done for the overall development of children?
- In Barahatal Simta and Choukune Rural Municipality of Surkhet District, together with the children here, to conduct programs related to adolescent education, child rights, child marriage, menstrual hygiene, the rural municipality cooperates with its supporting organizations to conduct various public awareness programs. The local government along with other organizations working for the rights and interests of children in the community. In the work that we have done, the school is also working in partnership according to its work plan. We conducted programs in collaboration with local level and government agencies.

5.6 Save the Child:

• How the organization's health activities have helped to change their situation and overcome health problems? Mention the statements of the concerned persons.

At the community level, family and group discussions with pregnant women on a regular basis have increased access to their health conditions and children's health style, and also helped the children's lifestyle and educational conditions. Encouraging pregnant women and children to go to school regularly and giving birth to pregnant women and children should eat nutritious food, adjust the quantity of four meals every tday, vaccinate the children on time, do regular health check-ups during pregnancy, take rest, do not lift heavy, consult doctor during pregnancy to give birth. Up to six months, the baby is given only breast milk and after 6 months, the amount is adjusted and food is also given. The parents of the community have started to grow local green vegetables and various local fruits in the garden in order to save the health of the children.

How access to health services for children and adolescents has improved

Earlier, there was a traditional atmosphere of superstition, where every patient who was sick used to go to Dhami and Jhakri. Recently, adolescent women participate in various public awareness programs and discuss health problems in interactive program seem to increase access to healthcare. Regular check-up,Safe delivery service to take children to the health center when they are sick, Access to routine prenatal care, Rules to be aware of safe delivery services and reproductive health are to pay attention to menstrual hygiene and nutritious food. In this way, public awareness programs have helped a lot.

• How awareness of others' health, hygiene and lifestyle choices has been enhanced

Various public awareness programs for children and adolescents, gender discrimination, violence, abuse reepresenting extra-curricular activities, training, group discussions, giving information about children's health,

sexual and reproductive health, and regular menstrual hygiene. In girls, there is an increase in personal hygiene, changing pads every 4 to 6 hours during menstruation. In addition, many things have helped the children of the children's club to develop useful life skills. In which the analysis of children's consciousness is capable of many aspects such as communication and self-reliance.

• They anticipate how lifestyles and health conditions will change in the community?

In order to change the stereotypes and customs that are entrenched in the society, people should be able to get quality education in the community and end the traditional way of thinking.

5.7 Child Development:

• What have organizations and programs done to solve their problems and challenges? Mention the statements of the concerned persons

In order to develop the children's abilities, the organization provides various types of training, discussion and extracurricular activities. In order to address the problems of children, teachers, parents, health workers, volunteers, and other stakeholders have conducted an interaction program and discussed the problems faced by children. When teachers and parents help children develop a sense of friendship and participate in decision-making, it is found that their abilities are developed.

• How illiteracy, limited educational facilities, resources and services have affected them and the community? Why?

Conducting various kinds of awareness programs for children, conducting extracurricular activities in schools and regularly conducting programs on various national and international days and occasions, the educational improvement of children has come. The development of cooperative spirit among friends who pay attention to studies has increased the irregularity of children in school as well as thinking about studies.

- How access to quality education for children and adolescents has increased due to the organization's programs? The program of the organization has improved the education by conducting various types of programs, training, regular monitoring, discussion, door to door and extracurricular activities to increase access to quality education for children and adolescents.
- How extracurricular activities help in the overall development of the student How to see things have changed for child activists?

By making them participate in various trainings and opportunities during their financial income earning program and supporting them in their capacity development, the lives of the child activists are changing.

What do you want to have skill when you grow up?

The organization wants to see the children of the campaigners grow up and become employed in various trainings to increase their income through modern agricultural technology.

What do you want to be when you grow up?

Child campaigner wants to be teacher, Army, nurse, social worker, and farmer.

Who do you take as a source of inspiration (role model)?

The source of inspiration for children is the organization, teachers, parents, school friends.

5.8: Child protection and participation

- What kind of advocacy activities has the organization conducted to solve the problems and challenges? Mention the statements of the concerned person.
 - A Child Rights Committee has been formed to address the problems of the girl child and to protect the rights of the child. By forming these child club child campaigner Dautari groups, they held a discussion program on various issues and conducted public awareness programs about violence, gender violence, and child marriage.
- How the organization's advocacy has changed their situation?
 - The activities or interactions carried out by the organization have led to regularity in the children's schools, In addition, special attention is paid to menstrual hygiene, regular health hygiene and sexual and reproductive health awareness among adolescents who are able to openly discuss changes and problems in the group and participate in various activities.
- How children and adolescents can be protected from violence and the exploitation?
 Children and adolescents participate in family discussions and decision-making processes, work together in groups, support others, and talk to their parents about child rights.
- Are they aware of their rights?
 - Children should stay at home and study morning and evening, go to school regularly, and be aware of health hygiene and menstrual hygiene, Child marriage should not be done. Those who are sick can openly talk about their problems, They can go to health institutions for treatment, They are able to think about what they do not understand in their studies
- Do they feel empowered and involved in the planning and decision-making process?
 Little by little, children have been made to participate in the various program policy and planning process of the school ward.

6. Actions as per target program:

In this Barahatal Rural Municipality, the program of women, girls and children's rights has been conducted in Ward No. 6, 7 and 10, One facilitator and two campaigners have been assigned for facilitation in that area. In Simta rural municipality, the program of women, girls and children's rights has been conducted in Ward No. 6. Accordingly, keeping in mind the objectives and goals of the program while staying within the scope and scope of the program. School get together, Chhaupadi house, meeting and observation girls meeting and discussion Menstruation related problems and suggestions Child rights information, pregnant meeting Discussion and suggestions and meetings are in progress.

7. Logical Framework of Women, Girls and Child Rights Programme:

Result	Indicators	Progress of indicators
Result I When children are empowered, they will enjoy their rights in a violence-free environment.	 Number of children taking birth certificate in wards. Number of children dropping out of school. 	 Progress of indicators A total of 50 people in a Barahatal, a total of 176 people in Chaukune, people including 41 people from Simta become 267, A total of 601 people adding to the previous 334 people. Out of total 108 students of Barahatal 8th 9th and 10th class, 8 students dropped out including 6 boys and 2 girls, Chaukune ko Out of 213 students 13 went to India, Out of 287 students in Simta, 15 went to India including 12 boys and 3 girls. (36 students dropped out
	Number of children going	of a total of 608 students of Barahatal 8th 9th and 10th class, 7 students dropped out

to India for wage, labour.

- Sustainable rate of girl students in class 6.
- An increase in the number of 5th grade girls attending school is at least 142 days (75%) per year.
- Number of issues raised by children's clubs with schools and local government regarding child-friendly environment.
- At least five types of vegetables and three types of fruits in garden are available throughout the year.
- Increase in the number of adolescent in grade 9 attending school at least 142(75%) days a year.

- including 6 boys and I girls, Chaukune ko Out of 213 students 13 went to India, Out of 287 students in Simta, 12 went to India. (32 students dropped out of a total of 608 students).
- In total 15 female students of Barahatal, the sustainable rate is 4, in total of 24 female students in Chaukune the sustainable rateis 15, in total of 19 girl student in Simta the sustainable rate 7. (26 students sustain out of 58).
- In total 10 female students of Barahatal, the sustainable rate is 7, in total of 38 female students in Chaukune the sustainable rateis 22, in total of 35 girl student in Simta the sustainable rate 25. (54 students sustain out of 83)
- (From Children's Club and Children's Campaign) Out of 50 child campaigner in Barahatal and Chaukune, 15 people in Barahatal and 20 people from Chukuney having five types of vegetable.In Simta, there is total of 108, consisting of 25 children in the Children's Club and 83 children in the Children's Campaign, there are 100, There are 135 people with five types of vegetables out of a total of 158 as a whole.21 people in baratal with three kinds of fruits, 21 people in choukune and 100 people in Simta, 139 people with three types of fruits in total number 158 as a whole.
- 17 out of 19 people in Barahatal, 28 out of 21 in Chaukune, 59 out of 45, (The number of students is 83 people out of 106 people).
- The total number of students in Baratal is 22, and the number of students who pass by getting 'C' grade is 5 of boys and 0 of girl.Out of total 44 people in Chaukune, 19 people including boys 13 and girls 6,Out of total 35 people in Simta, 7 people including boys 5 and girls 2, The number of pass students is 31 out of 101.

Percentages

of

	adolescent who pass SEE with at least 'C' grade.	9 out of 14 people in Barahatal, 15 out of 17 people in Chaukune,18 out of 18 girls in Simta's children's club and 25 out of 23 in Dautari,The total number of girls is 67 out of 82.
	Number of girls who read at least 2 hours a day at home.	Only one out of 3 schools.
	 Number of schools with girl friendly toilets (water) and sanitary pad facilities. 	Total number 3.
	 Number of girls under the age of 20 who reject marriage proposals. 	NA
Result I Access to sexual and reproductive health and uterine prolepse care services for	 Number of adolescent girls receiving sexual and reproductive health care from health facilities that provide adolescent- friendly services 	Barahatal 16 people, Chaukune 11 people, Simta 154 people, total number 181 people.
women and girls will increase.	 Number of women having regular eight pregnancy tests. 	• 15 out of 33 people in Barahatal, 21 out of 50 people in Chaukune, 7 out of 19 in Simta, A total of 43 people who regularly check eight times out of 102 people. (Out of 169 people, 102 currently and 67 in the past, among them number of 43 people who checked regularly 8 times: past 28 and current 71).
	Number of women giving birth in birthing centers.	• 22 people from Barahatal, 35 people from Chaukune, 48 people from Simta, a total of 105 people. (The current number is 105 and the number of past is 51, making a total of 156 people).
	 Number of women receiving silicone ring pessary services. 	 The total number is nine, 4 people of Baratal, 5 people, 4 people of Chaukune and simta's null. (The current number is 9 and the previous number is 4 making a total of 13 people.)
	• Number of women	Barahtal 0, choukune 20, simta 0. (Total

	receiving surgical treatment services from	number of 20 people and make 23after adding 3 old people)
Result 3 Sexual and reproductive health rights, Chhaupadi, child marriage, uterine prolepse issues will be institutionalized by the central government and the state government by creating a comprehensive policy and strategy.	 Number of Municipal, Provincial Governments Formulating Policy Strategies and Plans regarding Sexual and Reproductive Health Rights, about uterine prolefpse, Empowerment of Women and Girls, Child Protection Issues. The number of municipalities in Karnali province where the municipality or rural municipality and the relevant ministry have allocated budget for sexual and reproductive health rights, uterine prolepse, children's rights, women and children's empowerment. 	• No
	 Funds received by local organizations, women's groups/networks from the local government. 	Barahatal: 10,000Simta: 9000Chaukune: 20,000
	Number of Municipalities/ Ruralmunicipality providing budget allocation for silicone ring pessary services from health institutions.	Barahatal: 85,000Chaukune: 45,000
Result 4 Harmful customs and social movements will change.	Number of women and adolescent girls who stay safe at home leaving chhaaugoth during menstruation.	 Total chhaugoth found: 43 in Barahatal, 96 in Chaukune, 0 in Simta. Total number living in own room: 6 in Barahatal, 30 in Chaukune. Living in passage: 13 in Barahatal, 7 in Chaukune.

- Living in Chhaugoth: 6 in Barahatal, I in Chaukune.
- Living in a isolated room: 18 in Barahatal, 0 in Chaukune.
- Living in a cowshed: 55 in Barahatal, 0 in Chaukune.
- Number of people leaving Chhaugoth and coming home: Barahatal and Chaukune both 0. (Previous data 352 people found in home, and 18 people who have returned.
- 2 in Chaukune, 0 in Barahatal.
- Number of religious Leades advocating on chhaupadi and child marriage issues.
- Number of girls attending school regularly during menstruation.
- Number of mothers under the age of 20 who go for their first prenatal check-up
- Number of complaints registered against child marriage.
- The involvement of boys and men in work such as taking care of mothers, sending children to school, and increasing the number of men accompanying their wives to health centers during childbirth will increase.

- (From girls in class 6 to 12) 105 out of 105 girls in Barahatal, 262 out of 200 girls in Chaukune,333 out of 333 girls in Simta, A total of 638 people in 700 are coming to school regularly in during mensuration.
- 6 out of 33 people in Choukune, 8 out of 50 people in Choukune, 11 out of 19 people in Choukune. (Total pregnant women). Currently 102 people and earlier 67 people total 169 among them current 25 and earlier 20 people under the age of 20 who go for the first check up.
- Total number : 0
- Total pregnant in Barahatal: 13 out of 33, Total postpartum: 16 out of 22. Total pregnant in Chaukune: 18 out of 50, total postpartum: 11 out of 29. Total pregnant in Simta: 7 out of 19, total postpartum: 15 out 41. (Total prergnant: 38 out of 102 people help in household work. Total postpartum: 42 out of 92 people help in household work.) Total pregnant and postpartum women is 306 adding currently 194 and earlier. Among them current 42

			and and earlier 42 peple husband/male help in household chores.
Result 5 Improvement nutrition mothers, adolescents children reduction workload women	in of and of for and	 Number of households having at least five types of vegetables (at least 3 types of local vegetable) in garden. Number of households 	types of vegetables in Barahatal out of 195, 80 house containing five types of vegetables in Chaukune out of 127, 35 house containing five types of vegetables in Simta out of 35. Total of 357 and earliear 353 is 710. Out of 710 home visit house containing 5 types vegetables are now 222 and earliear 294, as a whole 516.
adolescents.		with at least 5 types of vegetables, walnut, peanut's trees.	 While home visit, 68 house containing five types of fruits in Barahatal out of 195, 83 house containing five types of fruits in Chaukune out of 127, 35 house containing five types of fruits in Simta out of 35. Total of 357 and earliear 353 is 710. Out of 710 home visit house containing 5 types fruits are now 286 and earliear 127, as a whole 313.
		The number of days of planting at least three types of grass	While home visit, 148 house containing three types of grass in Barahatal out of 195, 116 house containing three types of grasses in Chaukune out of 127, 35 house containing three types of grasses in Simta out of 35. Total of 357 and earliear 353 is 710. Out of 710 home visit house containing 3 types grasses are now 307 and earliear 294, as a whole 606.

8 Project Activities:

8.1 Formation of children club

Purpose:

- Children should be empowered in the four areas of child rights such as child protection, child participation, child development and child protection.
- To prepare competent and good citizens in the future by promoting the holistic development of children.
 - The Women, Girls and Child Rights Program is being conducted in Ward No. 6 Simta rural municipality, ward no. 6, 7 and 10 of Barahatal Rural Municipality and Ward No. 4, 5, 9 and 10 of Chaukune Rural Municipality of Surkhet District. The program is being conducted about sexual and reproductive health and hygiene, uterine prolepse and various programmes in school level. In

addition, it has been supporting students who are poor and financially weak. Here, child clubs have also been formed for the all-round development of children in Barahtal, Simta, and Chaukune Rural Municipalit each. Through the children's club, children can raise various awareness programs in schools, cleanliness, child rights, and improve their educational level.

S.N	Location	Dalit		Janaja	Janajati		Other		Remarks
		Boy	Girl	Boy	Girl	Boy	Girl		
1.	Suryajyoti ma.bi, Barahatal 7	9	10	0	2	3	I	25	
2.	Shree Sarswati ma.bi, Chaukune 9	6	11	I	I	2	4	25	
3.	Shree Bageswori ma.bi, Simta 6	7	6	0	0	6	6	25	
	Total							75	

8.2 Visit the maternity home:

Purpose:

- To increase the number of health checkups for pregnant women in health organization and support them in their healthy lifestyle.
- To inform the family members about the things to pay attention to during childbirth
- To educate the child about proper and timely completion of all vaccinations and nutritious food

Context: Despite various adversities, the program has been discussed among the target groups of pregnant women in the home visit by model couples and child campaigner facilitators to the available pregnant women. In this pregnant women home visit program Kalpana Nepali child campaign facilitator in Simta ward No. 6 , Asha Thapa, Child Campaigner in Barahatal Rural Municipality Ward No. 10 and Tarakumari BK, Child Campaigner in Barahatal Rural Municipality Ward No. 6 And the program has been facilitated by child campaigner chandra BC in ward number 4, supervisor Durga BK in ward number 5 and child campaigner Nirmala Kasera in ward no.9, child campaigner Dhansara Kumari Sunar in ward No.10, has been facilitated. Home visiting



mothers and pregnant women are advised to go to health institutions for health check-ups, eat nutritious food and rest. Also, helping their families and husbands at work is discussed.

Discussion topics

Model couples and child vianney facilitators in the scope of the program visited the mothers and pregnant women at home. They have been communicated with by creating an environment where they can go and talk, including near their homes. In the discussion, pregnant women are advised to visit the health institution regularly at least four times, take iron pills, eat nutritious food, rest at home, do not work, family members should support them and in such a situation, the husband should remain always there for company.

Operating methods:

- Postar and Pamphlet have been used.
- Information has been given through discussion.
- A video has been shown on the topic of maternity and pregnant women's health.

Note: It will be easier to go to the house by giving advance notice and information.

S.N.	N. Ward Direct Pregnant Tot Other participants					Total						
		Dalit	Janajat	Other	al	Dalit Janajati			Other			
			i			М	F	М	F	М	F	
1.	Barahatal Ward no.	6	5	7	18	12	7	7	5	4	3	38
	Barahatal Ward no.	6	5	0	П	26	17	П	7	0	0	61
	Barahatal Ward no.	13	1	3	17	20	4	I	I	2	0	28
2	Simta Ward no. 6	9	4	П	24	12	8	8	3	24	8	55
3	Chaukune Ward no. 4	8	0	9	17	П	П	0	0	5	10	37
	Chaukune Ward no. 5	9	2	4	15	10	9	4	I	0	3	27
	Chaukune Ward no. 9	5	8	9	22	3	3	2	6	5	8	27
	Chaukune Ward no. 10	6	0	4	10	4	5	0	0	2	2	13
	Total											286

8.3 New couple **meeting:**

Purpose:

- Making new couple aware of new things coming into life.
- Providing information about health check-up and family planning from time to time.
- To make aware of the solution of family problems between husband and wife with mutual understanding

Context:

When child campaigner reached the home of the newlyweds, the newlyweds and their parents were happy to meet them. The newlyweds said that they understood the things discussed and applied them in their behavior, Parents also said that they try to give their children proper time and fulfill their needs. In order to inform the women and men in the community in such a situation, the model couple and child campaign facilitators have also met the women and men. The meeting discussed how to avoid the coronavirus. When going out of the house, it is compulsory to wear mask, washing hands with soap and water, when will give the birth of a baby, The issue of how much to keep the second child's birth interval has also been discussed. The discussion was facilitated by the model couple Campaigner and the child caampaign Facilitator.

Methods:

- Poster pamphlets have been used.
- Information is given through discussion and question answers.
- Videos related to the health of pregnant women are shown.
- Videos of success stories are also shown

S.N.	Ward	New	Newly wed couple			Othe	r part	icipar	its			Total
		Da	Janajati	Oth	Ţ '	Dalit		Dalit Janaja		othe	r	
		lit		er								

Ι.	Barahatal 6	0	0	0	0	0	0	0	0	0	0	0
	Barahatal 7	0	0	0	0	0	0	0	0	0	0	0
	Barahatal 10	0	4	I	4	0	0	4	3	2	2	П
2.	Simta 6	6	4	П	21	2	4	7	6	27	10	56
3.	Chaukune 4	2	0	2	4	0	4	0	0	2	ı	7
	Chaukune 5	4	0	0	4	5	6	0	0	2	0	13
	Chaukune 9	4	I	2	7	13	10	3	I	4	ı	32
	Chaukune 10	2	0	I	3	3	5	0	0	2		П
	Total											130

8.4 Group discussion about uterine prolepse problem:

Context: Women, girls and child rights program is being conducted in Simta rural municipality

6,Chaukuney rural municipality 4, 5, 9 and 10 and Barahatal rural municipality 7 and 10 of Surkhet district. During the programe, child ampaigner went to mothers' groups in their communities and held group discussions on uterine prolepse while discussing various health issues. When child campaigns go to the group and raise the issue of uterine prolepse, it seems that there are many women who are suffering from the problem of uterine prolepse. This problem, which is kept as a malpractice in the society, women



have to live away from home and society with hatred and boycott. It is found that many women keep this problem hidden due to the fact that the society has to remove them from home and family and be sophisticated.

When the child campaigners went to the group to discuss the issue of women's uterine prolepse, they were happy. Giving birth at a young age, not getting care during pregnancy and childbirth, and not getting good care from the family, many women have to face this problem. And this problem is not a sin of previous birth or a curse of some goddess, but a health problem. When giving birth at an early age, when giving birth to many children, during pregnancy and childbirth, when doing hard work, lack of pleasure and lack of nutritious food, this problem occurs, they have informed that it will be cured if treated on time. In the same way, it has been informed that women who suffer from uterine prolepse will be treated with free and ring pessary will be placed in the health institution.

Purpose

- To educate women about the problem of uterine prolepse.
- To encourage women suffering from uterine prolepse problems to get treatment in time.
- Remove the misconceptions in the society about the problems.

Methods:

- A poster pamphlet prepared on the uterine prolepse problems is shown.
- Group discussion and question-and-answer are clearly explained.
- Examples of problems faced by women from uterine prolepse are discussed.

S.N.	Ward	Uterine prolepse vote T		Total	Stage	of uteru	s prolapse	
						Stage	or accra	s protapse
		Dalit	Janajati	other		st	2 nd	3rd
1.	Barahatal 6	6	0	5	П	5	2	4
	Barahatal 7	ı	0	0	I	0	0	I
	Barahatal 10	7	4	3	14	5	6	3
2.	Simta 6	7	4	13	24	3	14	7
3.	Chaukune 4	8	0	21	29	0	П	18
	Chaukune 5	13	3	П	27	14	8	5
	Chaukune 9	П	I	8	20	10	7	3
	Chaukune 10	2	0	3	5	2	2	I
	Total							42

8.5 Group Discussion Acticities:

Purpse:

- To educate the women who suffer from uterine prolepse about the problem of uterine prolepse.
- To encourage women suffering from uterine prolepse to get treatment on time.
- Clearing the misconceptions in the society about the problem of uterine prolepse.
- To give information about the way to stay from the problem of uterine prolepse.
- Teaching physical exercises to prevent health and various problems.

Context:

It has been operating in Simta Rural Municipality 6, Barahatal Rural Municipality 6,7 and 10 and Chaukune

Rural Municipality 4, 5, 9,and 10. Our campaigners have gone to the mothers' groups in their communities to discuss various health issues and have also held a group discussion on uterine prolepse, it seems that there are many women who are suffering from the problem of uterine prolepse. This problem, which is kept as a malpractice in the society, women have to live away from home and society with hatred and boycott. It is found that many women keep this problem hidden due to the fact that the society has to remove them from home and family and be sophisticated.



When the child campaigners went to the group to discuss the issue of

women's uterine prolepse, they were happy. Giving birth at a young age, not getting care during pregnancy and childbirth, and not getting good care from the family, many women have to face this problem. And this problem is not a sin of previous birth or a curse of some goddess, but a health problem. When giving birth at an early age, when giving birth to many children, during pregnancy and childbirth, when doing hard work, lack of pleasure and lack of nutritious food, this problem occurs. they have informed that it will be cured if treated on time. In the same way, it has been informed that women who suffer from uterine prolepse will be treated with free and ring pessary will be placed in the health institution.

Methods:

- A poster pamphlet prepared on the uterine prolepse problems is shown.
- Group discussion and question-and-answer are clearly explained.
- Examples of problems faced by women from uterine prolepse are discussed.
- It is taught and demonstrated how to pay attention when lifting house items.
- It is shown by doing physical exercises.

S.N.	Ward	Total	Group	discus	sion				Total
		group	Dalit		Janajat	i	Other		
		discussi	F	M	F	M	F	M	
		on							
1.	Barahatal 6	40	212	3	38	0	422	12	687
	Barahatal 7	28	166	5	145	9	52	4	381
	Barahatal 10	39	124	7	223	24	166	23	567
2.	Simta 6	56	100	28	71	24	29	35	528
3.	Chaukune 4	27	98	11	36	0	158	4	307
	Chaukune 5	27	108	П	93	0	204	14	430
	Chaukune 9	31	366	28	57	5	144	14	614
	Chaukune 10	31	209	9	10	0	226	3	457
	Total	279							3971

8.6 Visit the Pregnant:

Context: Women, girls and child rights program is being conducted in Simta rural municipality

6,Chaukuney rural municipality 4, 5, 9 and 10 and Barahatal rural municipality 7 and 10 of Surkhet district. In the beginning, it was difficult to go directly to the field to visit the pregnant women among the target groups of our program because of rains and floods, Dashain-Tihar festival and the discussion of elections in the country. Currently, as the roads are getting better and the festival is over, it is easy to work, the model couples and child campaign facilitators have met and discussed with the pregnant women in their house. This pregnant women home visit program in simta child campaign facilitator Kalpana Nepali, Facilitator of Barahatal Rural Municipality Ward No. 7 Bishna Kathyat, Barahtal Rural Municipality Ward



No. 10 child campaigner Aasha Thapa and And child campaigner Tara kumari BK in Ward No. 6 of Barahtal Rural Municipality, And child campaigner Chandra BC in ward number 4 of Chaukune Rural Municipality, and ward number 5 Supervisor Durga Bk, and child campaigner Nirmala Kasera, Child Campaigner Dhan sara Kumari Sunar in Ward No. 9, And in ward number 10, the home visit program has been facilitated by the facilitator Sita Kumari Bk. It has advised pregnant women to go to a health institution for a health check-up and eat nutritious food. Currently, pregnant women have eight pregnancy tests throughout their pregnancy, each day they eat four types of food, it is good for the mother and the baby, and it is discussed that husband should give company to his wife and help in every activities.

Purpose

• To increase the number of health check-ups for pregnant women in health institutions and support them in their healthy lifestyle.

- To inform the family members about the things to pay attention to during pregnancy.
- To give awareness about the care of child, about proper and timely completion of all vaccinations and nutritious food.
- To make people aware of food by adjusting the amount of four types of food in each day.

Subject Matters:

As part of the women's and children's rights program, every day our campaigners, facilitators meet and discuss with pregnant women and their husbands and family members, Regular eight-time pregnancy check-up and at home, mother-in-law, and other members should pay special attention during pregnancy. Facilitators and campaigners in the program area met pregnant women at home. They have been communicated with by creating an environment where they can go and talk, including near their homes. In the discussion, pregnant women are advised to visit the health institution regularly at least four times, take iron pills, eat nutritious food, rest at home, do not work, family members should support them and in such a situation, the husband should remain always there for company.

Methods:

- A poster pamphlet is used.
- Information has been given through discussion and question-and-answer.
- A video has been shown on the topic of maternity and pregnant women's health

Problem:

- Not being able to meet to the house when going on a house visit.
- Many houses can't be visited according to the geographical location.

Learning: It will be easy to give information and news while visiting the house.

s.n.	Ward	Direct	Direct Pregnant			Oth	er par	ticipan	ts			Total
		Dalit	Ethinic	Oth		Dali	t	Ethir	nic	Other		
				er		F	М	F	M	F	М	
١.	Barahatal 6	25	2	8	35	36	8	2	I	14	3	64
2.	Barahatal 7	7	7	I	15	П	10	7	5	2	2	37
3.	Barahatal 10	П	8	4	23	15	8	18	12	П	6	70
4.	Simta 6	12	9	12	33	18	7	10	7	13	6	61
5.	Chaukune 4	3	I	16	20	4	3	I	2	16	17	43
6.	Chaukune 5	12	2	5	19	7	5	5	0	9	9	35
7.	Chaukune 9	12	6	7	25	П	7	7	3	9	6	43
8.	Chaukune 10	4	0	6	10	2	3	0	0	4	7	16
	Total											369

8.7 Ward-level introductory program in Barahtal Chowkune and Simta Rural Municipality:

Purpose

- Introduction of the organization to discuss the goals and objectives of the program.
- Introductory with the rural municipality as well as making information about the project.
- Collaborating and coordinating with the project.

Context: Under the women, girls and children's rights program run in partnership with Surkhet, a youth organization for promoting good governance, with the financial support of Environmental Education and Development Center (CAED), in the coordination of rural municipality in 2079-06-03, Chaukune rural

municipality in 2079-09-04, And Simta Rural Municipality with the objective of informing the municipal level introductory and program, Municipal President, Chief Administrative Officer and Ward President, the members of the executive branch , the head of the health department, the head of the women and children's department, Institutional Member, Schools Facilitators Learners , The municipal level program was conducted in the presence of the campaigner and the program coordinator.

Method of operation:

The participants were gathered for their presence by sending information through correspondence and phone and by meeting directly.

The program was formally conducted and the program was opened by Guest seating, reading the welcome speech banner.

Participant introduction, information of the organization, presentation of the program, open discussion, and after some speech, the program was concluded.

Participants Numbers:

S.N.	Introductory	Dali	t	Jana	jati	Othe	er	Tota	l	Total
	program with rural municipal level stakeholders.	М	F	М	F	М	F	М	F	
I.	Barahatal R.M	I	2	7	5	13	4	21	П	32
2.	Chaukune R.M	3	7	4	2	П	4	18	13	31
3.	Simta R.M	2	2	2	2	24	I	28	5	33
	Total									96

Achievment: All representatives of Barahtal rural municipality have succeeded in getting information about the program.

- By connecting with female adolescents and children at risk, domestic violence, health education and women's problems will be integrated by rural municipalities and organizations to help make the program successful.
- Municipal and organizations should conduct public awareness programs to eliminate the consumption of alcoholic beverages in order to prevent various types of incidents between male and female teenagers.
- During the discussion about child marriage, the present participants cooperated because there
 are many child marriages in their community and the problem of chaupadi also causes various
 problems.
- The head of the health department said that the people with the problem of uterine prolepse
 are unable to keep their problems, so they will take initiatives from all areas to reduce this
 problem.

8.8 Introductory program with Chinta and Chowkune village level stakeholders:

Purpose:

To inform about the organization's introduction, goals and objectives.

Informing about projects and programs.

Context: At the coordination of Simta Rural Municipality in 2079-07-03 and Chaukune Rural Municipality in 2079-08-27, Ghatgaau ward No 9 in 2079-08-29, ward No 10 in 2079-09-05, ward No 5 in 2079-09-07, ward No 4 ans Barahatal Municipality ward no6 in 2079-06-09, ward no 7 in 2079-06-27 and Ward No. 10 and 11, with the aim of introducing the program at the ward level, the program was conducted and completed in the presence of the member of the facilitator organization, the program coordinator, the ward president, ward member, the primary health post in charge, women volunteers, the women's network, the mother group, local police.

Method of operation:

- The participants were gathered for their presence by sending information through correspondence and phone and by meeting directly.
- The program was formally conducted and the program was opened by Guest seating, reading the welcome speech banner.
- Participant introduction, information of the organization, presentation of the program, open discussion, and after some speech, the program was concluded

Participants Number:

S.	Introductory program	Dali	it	Jana	ajati	Oth	er	Tot	al	Total
Ν	with ward stakeholders.	М	F	М	F	М	F	М	F	
١.	Simta R.M. 6	3	6	I	I	4	7	8	14	22
2.	Chaukuney R.M.9	6	5	0	I	5	3	П	9	20
3.	Chaukuney R.M.10	2	4	0	ı	6	4	8	9	17
4.	Chaukuney R.M.5	ı	4	3	5	5	2	9	П	20
5.	Chaukuney R.M.4	0	7	2	0	7	6	9	13	22
6.	Barahatal R.MI0	I	3	2	9	2	3	6	15	21
7.	Barahatal R.M7	3	8	3	I	5	3	П	12	23
8.	Barahatal R.M6	2	2	0	I	6	П	7	14	21
	Total									167

8.9 On the occasion of International Children's Day, October 11, drawing competition was conducted:

Purpose:

- To reduce violence caused by child marriage.
- To educate children about the effects of child marriage and domestic violence.

Context: In the presence of the school teacher, CAED organization representative, school family,organization facilitator and program coordinator, the program was concluded with a drawing competition reflecting child marriage and domestic violence in 2079-07-02 (oct, II) on the occasion of Children's day.



Operating Methods and Procedures:

- All participants were notified through various means of correspondence, phone, and direct meetings.
- After the participants arrived at the appointed time, the program was formally conducted and the program was opened by reading the welcome speech banner.
- A drawing competition was conducted along with the purpose of the organization's introduction to the participants.
- The program was concluded with some speeches after distributing prizes to the best participants.

Participants Number:

S.N.	Shree Bageswori ma	Dalit		Janaja	ıti	Othe	r	Total		Total
	bi									
	Drawing	М	F	М	F	М	F	М	F	Total
	competition on the									
	occasion of									
	Children's Day									
	Total	8	26	0	2	5	3	13	31	44

Achievement:

- All-round development of children has been helped.
- Development of emotional, support and creative arts in children.
- In addition to getting public awareness about child rights, child marriage and domestic violence, if they are awakened in extracurricular activities, they can move ahead competitively.
- In the program, instead of giving prizes only to the able children, the prizes were distributed to all the participating children, so there was no feeling of inferiority among the children who failed in the competition.

8.10 Ward level child right committee formation in Barahatal, Chaukune & Simta RM

Purpose: To protect the rights and interests of the child.

Context: At the coordination of barahatal Rural Municipality in 2079-09-09-04 and Chaukune Rural Municipality 9 in 2079-09-1, Simta Rural Municipality 6 Rakam in 2079-11-05, with the aim of introducing the program at the ward level, the program was conducted and completed in the presence of the member of the facilitator organization, the program coordinator, the ward president, ward member, the primary health post in charge, women volunteers, the women's network, the mother group, local police.



Subject matter of discussion: A children's committee was formed after first discussion and advocacy with concerned persons and agencies related to child Rights, child violence, sexual abuse, Child Marriage Reduction, Child Protection, Child Exploitation.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the participants arrived at the appointed time, the program was formally conducted and the program was opened by reading the welcome speech banner.
- Participant Introduction, Organizational Information, Program Objectives Committee was formed.

Participants Number:

S.N.	Formation of	Dalit		Janaja	ti	Othe	r	Total		Total
	Ward-level Child	M	F	М	F	M	F	М	F	
	Rights Committee									
1.	Barahatal R.M. 7	2	8	3	3	5	2	10	13	23
2.	Chaukuney R.M.9	2	5	0	0	6	4	8	9	17
3.	Simta R.M. 6	2	4	2	0	5	6	9	10	19
	Total									59

Municipal level child rights committees:

Children's rights committee of the Chaukune rural municipality	of the Barahatal rural	Children's rights committee of the Simta rural municipality				
I. Nandaram	I. Kul Bdr. Bucha	I.Gulab Singh Thakuri (coordinator)				
Khanal(coordinator)	(coordinator)	1. Sulab Singii Thakuri (Coordinacor)				
2. Jwala prasad Rijal	2. Tek Bdr Kami	2. Subarna Bdr Buda				
3. Jungey Kami	3. Dal Bdr Lamichhane	3. Dilip Buda Magar				
4. Hajura Bista	4. Sita Sijapati Magar	4. Sukri Badi				
5. Mina Kami	5. Amrita Bk	5. Aaiti Luhar				
6. Dipak prasad Khanal	6. Kesar Bdr Gautam	6. hema KhatrH				
7. Manoj Shahi	7. Dipak Prasad Sharma	7. Sanju chitrakar				
8. Bimala Shahi	8. Kamala Bk	8. Dhaniram Chaudheri				
9.Sarswati Rijal	9. Ramkali Bk	9. Kamal Basnet				
10. Himal Tisba	10. Tek Bdr chitaurey Rana	10. Cheban Chitrakar				
	Magar					
II Chetana Bk	II Birma Bk	11 Aashish BK				
12. Min bdr Bhandari (Joint Secretary	12. Raju Basnet	12. Thuman Adhikari				
		13. Binaya Kumar singh				

Achievement:

- Formation of networks for children's rights, protection, education and reduction of child marriage.
- Advocating with concerned persons and agencies about children's rights.
- To reduce child marriage, it has become easy to spread awareness by conducting various public awareness programs at the ward level and in the community.

8.11 Ward-level women's network formation program in Barahatal, Chaukune and Rural Municipality.

Purpose: Formation of women's network at the ward level and informing about the program.

Context: At the coordination of Barahatal Rural Municipality 6 in 2079-09-12, Barahatal Rural Municipality 7 in 2079-09-13, and Chaukune Rural Municipality 9 in 2079-08-28, Chaukune Rural Municipality 5 in2079-09-06, Chaukune Rural Municipality 4 in2079-09-08, Simta Rural Municipality 6 Rakam Surkhet in 2079-11-04, with the aim of introducing the program at the ward level, the program was conducted and completed in the presence of the member of the facilitator organization, the program coordinator, the ward president, ward member, the primary health post in charge, women volunteers, the women's network, the mother group, local police.

Subject matter: Introduction of the organization Goals, Objectives Strategies of women's network formation, question related uterine prolepse, Child marriage, menstrual hygiene Discussion.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the participants arrived at the appointed time, the program was formally conducted and the program was opened by reading the welcome speech banner.
- Participant Introduction, Organizational Information, Program Objectives Committee was formed.

Participant's number:

s.n.	Ward level women's	Dalit		Janajat	i	Other		Total		Total
	network formation program.	М	F	М	F	М	М	F	M	F
Ι.	Barahatal R.M. 6 byureni	2	12	0	2	9	5	П	19	30
2.	Barahatal R.M 7 Lamakhali	0	10	0	7	2	2	2	19	21
3.	Chaukune R.M 9	2	14	0	6	2	6	4	26	30
4.	Chaukune R.M 10	I	7	0	0	4	13	5	20	25
5.	Chaukune R.M 5	0	12	2	16	4	4	6	30	38
6.	Chaukune R.M 4	0	10	I	3	5	17	6	30	36
7.	Simta R.M 6		10	0	4	4	10	5	24	29
	Total									209

Formation of women's networks

The women's network committee formed in Barahtal Rural Municipality, Chaukune Rural Municipality, Simta Rural Municipality are as follow:

women network in Byureni,	women network in Lamakhali,	women network ir	1
Barahatal 6	Barahatal 7	Rakam, Barahatal 6	

Chairman: Tara B.C	Chairman: Dhan kumari Bk	Sanju Chitrakar
Secretary: Tika Sunar	Secretary: Ramkali Bk	Pramisa Pun
Treasurer:Bhajisara Sunar	Treasurer: Shanti Kumari Bk	Maya Rana
Members: Pabitra Giri	Members:Pamphi lamichhane	Rabina Singh Thakuri
Tara Bk	Bishnu Kathyat	Jalima Badi
Kausila Buda Belmati Giri	Khagisara kandel	Shanta Adhikari
Kausila Bk	Kausila Balami	Tulsi Bk
Reshamkali Rawat	Lalmaya Thapa Magar	Laxmi Nepali
Kamala Bk	Junkali Dammar Pal	Sona Kumari Basnet
Maya Bk	Lalita Raskoti	Devi Khatri
Sita Bk		Harimaya Pun

women network in Byureni, Chaukune 10	women network in Byureni, Chaukune 5	women network in Byureni, Chaukune 4
Chairman: Bimalam Shahi	Chairman: Sarswati Daani	Jogađevi Thapa
Secretary: Sarada Bista	Secretary: Khagisara pun Magar	Manish Lamichhane Magar
Treasurer: Lali bk	Treasurer: Harsh kala Tiwari	Nanda Bk
Members: Krishna Bista	Members: Nirmala Kasera	Mamata Nepali
Bishna sawad	Bishna maski	Devi Thapa
Tula Bk	Jaisara Hiski	Ranga BC
Nandakala Bk	Chitrakala Naamjali magar	Nandakala Devkota
Sita Bk	Dhirja Jaisi	Jamuna Devkota
Sarswati Rijal	Bimala Rana Magar	Champa Saaud
Lalsobha Bista	Parbati Bk	Ganga bagaali Magar
	Ishara Thapa	Krishna Devi Nepali
		Gaumati Neupane
		Chandra Saaud

Achievment:

The participants present in the program have managed to get information about the program.

- Organize domestic violence, health education and women's issues in an integrated program by wards and organizations in connection with female adolescents and children at risk.
- Women's rights h safety education To work together to reduce child marriage.
- Conducting public awareness programs by coordinating with various organizations and organizing awareness programs at the community level about cleanliness through Safe Motherhood Month.

8.12 Extracurricular activities at school

Purpose:

- For creative development of children.
- For intelligence testing of children's growth and development, and express interest in extracurricular activities

Context: With the financial support towards Environmental Agriculture and Development Center (CAED), Gud governance Promotion, Youth Organization Surkhet, under Women, Girls and Child

Rights Program, Ward No. 6 of Barahatal Rural Municipality, Shree Suryajyoti mavi Lamakhali, Surkhet, dated 2079-8-16 And another quize competation programme dated 2079-10-27 was conducted, Essay competition about mother dated 2079-11-12 was conducted, In Chokune Rural Municipality Ward No. 9 Shri Saraswati Mavi Ghat village dated 2079-9-14 and another dated 2079-10-16 on the subject of the role of martyrs in nation building was conducted And the other one dated 2079-11-30 in quize competation programme was conducted in Simta Rural Municipality Ward



No. 6 Shree Bageshwari Mabi Rakam Surkhet on 2029-II-I in order to stimulate the creative development and extracurricular activities of the children studying in the school by conducting the mindtest competition of the school and the organization under the program on Friday was concluded.

Operating Methods and Procedures:

Formal and operation of the program attended by the participants with necessary prior information, opening the program by reading the welcome speech banner for the guests taking their seats, information about its introduction, painting competition, prize distribution and closing.

Number of participants in the competition:

Sn	Extra curricular activities	Dalit		Janajat	ti	Others	5	Total	
		Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl
I	Shree Suray Jyoti Sec School	2	9	2	I	I	4	5	14
2	Shree Suray Jyoti Sec School	3	6	I	I	3	2	7	9
3	Shree Suray Jyoti Sec School	3	7	I	2	0	3	4	12
4	Shree Saraswati Sec School, Chaukune	36	8	ı	2	21	26	37	93
5	Shree Saraswati Sec School, Chaukune	10	13	0	0	8	18	31	49
6	Shree Saraswati Sec School, Chaukune	15	9	2	I	17	34	17	51
7	Shree Bageswori Sec, Rakam	4	5	3	0	5	12	8	20

Achievment:

- All-round development of children as well as boosting confidence.
- Development of emotional, support and creative arts in children.
- In addition to gaining public awareness about child rights, child marriage and domestic violence, they can also advance competitively in extracurricular activities.
- In the program, the prizes were distributed only to the able children and they wer happy.
- In the competition, the first place is Pabitra Bk, second place Laxmi Shahi, and the third place is kept Bimal Bk.

8.13 A 16-day campaign against gender-based violence:

Purpose:

- Spreading public awareness against violence at the municipal level at the ward level.
- Introduction to Gender Violence, 16 Days Campaign Goals, Objectives, Strategie, question on uterine prolepse, advocating and discussing issues related to child marriage and menstrual hygiene with stakeholders.

Context: Barahatal Rural Municipality Ward No. 5 Baddichaur Surkhet dated 2079-8-18, Simta Rural

Municipality Ward No. 6 On the occasion of the 16-day campaign against gender-based violence in Rakam on 2079-8-18 and in Chaokune rural municipality dated 2079-8-23 with the national slogan"The identity of a civilized society, Campaign Against Gender-Based Violence" among women, district represented, stakeholders, A one-day orientation program related to legal system was conducted in front of Barahtal rural municipality, Simta rural municipality and Choukune rural municipality and youth organization for promoting good governance and concluded program.



the

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- The program was formally conducted and the program was opened by reading the welcome speech banner.
- Program information, Presentation discussion of the program including reasons for conducting the 16-day campaign speech program.

The number of participants in the campaign:

s.n.	16-day	campaign	Dalit		Janajat	:i	Othe	r	Total		Total
	against	gender-	M	F	М	F	М	F	М	F	
	based viole	nce									
I,	Chaukune municipality	rural '	9	27	8	П	13	36	33	74	107
2.	Simta municipality	rural '	0	7	I	2	2	24	3	33	36
3.	Barahatal municipality	rural '	I	10	3	17	6	19	13	46	59
	Total										202

Achievement:

- Helping to make the program successful by taking domestic violence, health education and women's problems in an integrated manner by connecting with female adolescents and children at risk.
- Working together to reduce child marriage, women's rights and protection education.
- Advocating and lobbying with concerned persons and bodies about women's rights such as domestic violence, uterine prolepse etc.

- To spread and conducting various public awareness programs at the ward level and in the community to reduce chaupadi and child marriage.
- Conduct public awareness programs on safe maternity and menstrual hygiene at the community level in coordination with the municipality and various organizations.
- The head of the health department said that the people with the problem of uterine prolepse could not reduce because they could not share their problems with doctor because of shyness.

8.14 Seed distribution program for pregnant and postpartum women:

Purpose: Distribution of seeds for improving nutrition by cultivating in garden to pregnant and post-partum women.

Context: In Ward No. 10 of Barahtal Rural Municipality dated 2079-8-27, in Ward no 7 dated 2079-9-10 and Chaukune Rural Municipality dated 2079-8-15,16,17,19,20,21,22 the Women's Child Rights Program is being run and given some suggestions for promotion after observing the reality of different categories of women and children in the ward and community. Its main purpose is to bring light by exposing orthodox traditions. In particular, five types of seeds carrots, sampu, palak, beans and peas have been distributed to pregnant and post-partum women in the community.



Work: A program was held in Baratal Rural Municipality ward 6,7,10 and Chokune Rural Municipality ward no 4,5,9,10 to distribute five types of seeds for pregnant and post-partum women and discuss the probable problem in pregnancy.

List of receiving participants:

S.n	Date	Place	Dalit	Janajati	Other	Total
Ι.	2079/8/27	Barahatal 10,Kharka	19	17	14	50
2.	2079/9/1	Barahatal 6, Byureni	23	4	9	36
3.	2079/9/10	Barahatal 7, Lamakhali	11	17	2	30
4.	2079/8/16	Chaukune 9, Ghatgaau	9	2	9	20
5.	2079/8/17	Chaukune 10, Ghatgaau	11	0	5	16
6.	2079/8/21	Chaukune 5, Mayatal	6	6	2	14
7.	2079/8/20	Chaukune 4, bijaura	I	4	10	15
8.	2079/10/27	Simta 6, Rakam	27	19	19	35
9.	Total					246

8.15 Introductory program with school level teachers and Businessman:

Purpose:

- Informing the school about the program with the purpose of the project.
- To discuss the organization's introduction, goals, objectives, educational quality, child marriage, menstrual hygiene.

Context: In coordination with Barahtal Rural Municipality dated 2079-9-8 Shree Surya Jyoti Mavi and 2079-9-8 Sarswati mavi ghat village in Chaukune Rural Municipality, Simta Rural Municipality Ward No 6 dated 2079- 10-13 on morning shree Bageswori Secondary School Rakam Surkhet with the financial and

technical support of Environmental Agriculture and Development Center (CAED) for the promotion of

good governance organized by the youth organization Surkhet under the program of women, girls and children in the school, A program has been organized with the aim of informing about the activities carried out in the school during a year. To protect the rights and interests of children at the school level, getting quality education, gender violence, menstruation, hygiene, sexual and reproductive health, education, adolescent friendly toilets, provision of safe and clean drinking water, safe pad disposal arrangements, encouragement to come to school regularly. With the aim of discussing these issues, the school's head officers, teachers, teachers, members of the school management



committee, members of the teachers' parents' association and the children of the school's children's club were present.

Operating Methods and Procedures:

- After the formal information, the program was conducted at the appointed time.
- After the participants arrived at the appointed time, the program was formally conducted and the program was opened by reading the welcome speech banner.
- Introduction along with the purpose of the program and information about the organization, its scope and the way of conducting the program were discussed.
- Introduction along with the purpose of the program and information about the organization, its scope and the way of conducting the program were discussed.

Participants Number:

s.n.	School level	Dalit		Janaja	ati	Othe	er	Tota		Total
	introductory programme	М	F	М	F	М	F	М	F	
1.	Shree Surya Jyoti mavi, Lamakhali	3	8	2	2	8	4	13	14	27
2.	Shree Sarswati mavi, Ghatgaau	П	3	0	2	9	5	20	10	20
3.	Shree Bageswori mavi, Rakam	I	3	0	3	П	7	12	13	25
	Total									92

Achievement:

The participants attending the school-level introductory program raised the issue of children's rights, menstrual problems, various problems that occur in adolescents, and the increase in school dropout rates, Sexual and reproductive health Gender-based violence, Family and economic impact on children's education. After discussing the problems caused by the physical and mental changes of teenagers, the participants got some information.

8.16 Good parenting program:

Purpose: To inform the children about the importance and duty of good and parenting as well as the program and to inform the children about the concept of child-friendly governance.

Context: In coordination to Barahtal Rural Municipality Shree Surya Jyoti mavi , Lamakhali 2079/8/18,

Shree Sarswati mavi, Ghatgaau of Choukune Village 2079/9/13 in Simta Rural Municipality Shree Bageshwori Mavi Rakam Surkhet 2079/10/18, the programme is conducted how to become a good parent for your children, Education of your children, How to make children's future and How to treat growing children, How to value their physical, mental, emotional and social development as they age, And how to treat children as friends in addition to helping them, And how to involve them in every plan and decision, along with four-day life skills development training for children was conducted under the chairmanship of school headmaster



Kaushila Devi Singh. After the training, the program was concluded in the presence of the school facilitator and program coordinator, Ms. Janki, a member of the organization, saying that today's children are tomorrow's leaders as but their parents supposed to be good.

Operating Methods and Procedures:

- After the formal information, the program was conducted at the appointed time.
- The program was opened by Guest seating, reading the welcome speech banner.
- Introduction of the organization along with the objectives of the work discussed its scope and mode of operation of the program.
- The program was concluded after the presentation, open discussion and exchange of ideas.

Present Participant:

s.n.	Good Parent Introductory	Dalit		Janajati		Other		Total		Total
	Program									
I.	Shree Surya Jyoti mavi, Lamakhali	F	М	F	M	F	M	F	M	
	Shree Sarswati mavi, Ghatgaau	Π	2	2	0	0	I	13	3	16
2.	Shree Bageswori mavi, Rakam	12	0	2	0	4	I	18	I	19
3.	Shree Surya Jyoti mavi, Lamakhali	_	6	0	3	2	9	3	18	21
	Total	·								56

Achievement:

- Helping to make the program successful by integrating domestic violence, health education and women's problems in connection with Adolescent girls and vulnerable children.
- The role of parents in protecting female and male, adolescent girls psychology from getting a good education in was informed.
- During the discussion about child marriage, the participants felt that children are getting child marriage in their community and the problem of chaupadi also causes various problems.

8.17 In Life Skills Development Training Program:

Purpose: Giving information about ten useful life skills, How to apply the training in practical life.

Context: In coordination with Barahtal Rural Municipality dated 2079-9-8 Shree Surya Jyoti Mavi and 2079-9-8 Sarswati mavi ghat village in Chaukune Rural Municipality, Simta Rural Municipality Ward No 6 dated 2079- 10-13 to 17 on morning shree Bageswori Secondary School Rakam Surkhet with the four-day life skills development training for the children of the children's club with the aim of informing the children of the school level useful life skills development program and the organization under the chairmanship of Shree Keshar Gautam, It was conducted and completed in the presence of organization's lanaki madam School Facilitator and Program Coordinator.



Subject Matter: What is a useful life skill? Why do we need useful life skill? Ten skill for life useful life skill (self consciousness, effective communication, inter personal relation, feeling, creative thinking, Critical thinking, Ability to control impulses, Ability to control stress, problem solving)

Operating Methods and Procedures:

- After the formal information, the program was conducted at the appointed time.
- The program was opened by Guest seating, reading the welcome speech banner.
- Introduction of the organization along with the objectives of the work discussed its scope and mode of operation of the program.
- The program was concluded after the presentation, open discussion and exchange of ideas.

Present Participants:

s.n.	Date	Location	Dalit		Janajat	i	Other	-	Total
			Boy	Girl	Boy	Girl	Boy	Girl	Total
1.	2079/8/14	Shree Surya Jyoti mavi	9	П	0	2	2	I	25
2.	2079/8/15	Shree Surya Jyoti mavi	9	П	0	2	2	I	25
3.	2079/8/16	Shree Surya Jyoti mavi	9	11	0	2	2	I	25
4.	2079/8/17	Shree Surya Jyoti mavi	9	П	0	2	2	I	25
5.	2079/9/9	Shree Surya Jyoti mavi	6	8	I	2	I	7	25
6.	2079/9/10	Shree Sarswati mavi	6	8	I	2	I	7	25
7.	2079/9/11	Shree Surya Jyoti mavi	6	8	I	2	I	7	25
8.	2079/9/12	Shree Sarswati mavi	6	8	I	2	I	7	25
Ι.	2079/10/14	Shree Bageswori		•		·		•	21
		mavi Shree Bageswori mavi	4	9	0	2	I	5	

2.	2079/10/15	Shree Bageswori mavi	4	6	0	2	3	8	23
3.	2079/10/16	Shree Bageswori mavi	4	8	0	2	3	9	26
4.	2079/10/17	Shree Bageswori mavi	4	9	0	2	2	9	26
	Total								296

Achievement:

- During the four-day training, the children have learned ten useful life skills. (self consciousness,
 - effective communication, inter personal relation, feeling, creative thinking, Critical thinking, Ability to control impulses, Ability to control stress, problem solving)
- After the useful life skill development training, creative thinking has been developed in the children, they like to work together in groups, a mutual cooperative spirit has been developed, the debate height has been developed, and we have started to feel that there has been an increase in positive thinking.



- After the training, we have noticed that the children have developed the habit of listening attentively to their health and not being able to participate in various activities.
- We have felt that we should participate in various public awareness programs and help people who are in trouble.

8.18 Religious Leader Resource Person Program on Chhaupadi Eradication:

Purpose: Facilitated through religious resource persons (Dhami) to reduce chaupadi and other problems faced by women.

Context: Under this program, the Religious leader resource person program has been established with the aim of facilitating the people who are close to the community and culture in order to reduce the various customs that exist in the society and the community. Under the same, it was done in Barahtal Rural Municipality on 2079- 9-3 and in Ward No. 5 of Chaukune Rural Municipality on 2079-8-18 and 2079-10-24 was done in Ward No. 5 and in 2079-10-25, while in Barahatal Rural Municipality Ward No. 10 Dhumke 2079-10-25 and Barahtal Rural Municipality Ward No. 10 in Faujapani was done on 2079-10-26. Women, girls and children's rights programs were conducted. What is considered to be a matter of advice after directly observing the real situation of women, adolescents and children of different categories in the ward and community where the women's and children's rights program were conducted. By exposing the conservative traditions of the society, its maian aim to bring brightness in the society. Women of different classes, adolescents and pregnant women in special communities have to face various problems, suffering, violence and incidents due to bad tradition, which is rooted in the society. Not only this, many girls and women have lost their lives prematurely due to this bad tradition oe practice. In such a situation, this program has facilitated the program by mobilizing Dhami resources and people to eliminate the distortions spread in the society for the reduction of Chhaupadi. It was doneby Indra madam, a member of the organization, facilitator campaigner and program coordinator.

Subject matter:

Under the presented title, in Ward No. 6 of Barahatal Rural Municipality and Ward No. 5 of Chaukune Rural Municipality, the entire society and the village will be discussed in groups, when we invited Dhami as a resource person to reduce chaupadi, it became easy for women to accept their situation as per the tradition

8.19 Home Made pad making training program for teachers at school level barahatal simta and choukune.

Purpose: Teachers will be taught to make home.

Context: In 2079-10-22 Shree Surya Jyoti mavi, Lamkhali, 2079-10-13 Shree Baageswori mavi Rakam

and 2079-11-8 Shree Sarswati mavi, Ghatgaau and 2079-11-5 Jeevan jyoti mavi,Gutu Surkhet under women, girls and Child Rights Program taught school teachers to make homemade pads with the aim of helping to reduce the chemical used pads available in markets and conducted a one day homemade pad making training. In that program, all the teachers of the school, members of the school management, school support staff and representatives of the children's club, and the teenagers who attended the program also made homemade pads. The



different types of pads sold in the market are easy to use, they do not need to be left dry and wash, so they mostly use chemical-based pad. When using this kind of pad available in market, can cause wound due to long time of infection. Buying bad is very expensive. Some girls do not go to school because there is no place for pad disposal in all schools for school-going girls. There are various problems faced here due to lack of money to buy pad. Due to which girls feel insecure. Keeping this in mind, the Women's Adolescent and Child Rights Program has completed the home pad training at the school level in coordination with the school, stakeholders, in the presence of the organization's member program, Facilitator and the coordinator of the program.

Subject Matter: Introduction to the organization, Information about the program, Importance of domestic pads, and the difference between market pad and homemade pad, Hygiene during menstruation information and requirements about girl friendly toilets, information about routine health hygiene, sexual and reproductive health, practically everyone was asked to make home made pad.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the formal information, the program was conducted at the appointed time.
- Introduction of the organization along with the objectives of the work discussed its scope and mode of operation of the program.

Participant Number:

Sn	Home made Pad Preparation	Dalit		Janajati		Others		Total	
		Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl
	Ward-7, Barahatal RM	I	0	I	4	5	2	7	6
2	Shree Bageswori Sec School, Rakam	I	3	0	3	12	7	13	13
3	Shree Saraswati Sec School Chaukune	3	3	I	0	2	10	6	13
4	Jiban Jyoti Sec School, Gutu	2	ı	I	2	7	П	10	14

Total				36	46

Achievements:

- The participants present in the program have managed to get information about the program.
- Get to know about the pros and cons of using homemade pads and commercial pads.
- Learn how to make homemade pad.
- Be aware of regular menstrual hygiene.

Problem:

• Not attending the programme on time.

Learning:

If the program is done on time, it will be effective

8.20: School Level Child Club Meeting:

Purpose: Empowering children with decision-making skills through children's clubs

Context: It is to develop the decision-making capacity of the children by actively forming them under the women, girls and children rights program at the school level. Encouraging and supporting children to

work in their own way and leading them in various awareness programs, to promote creative development, to learn to work together in groups, to share emotional support with friends, to be able to express and speak their thoughts and feelings in various activities, and from an early age, children are mobilized during the formation of children's clubs to encourage them to do various good and good deeds. By which children will follow a good and right path in the society from an early age, they learn to do right things. Conducting various awareness programs through child fund, song, drama, drawing, Cleaning villages, planting trees, Broken down in will be aware of cleaning and maintenance, helping



differently abled and disabled people, they get the opportunity to take the lead in positive actions such as assisting in natural disasters and emergencies. Children belonging to the children's clubs participate in various development and awareness activities, so the risk of falling into bad ways is reduced. Forming and organizing children's club at the community village and school level will also help in the development of their intellectual capacity. The children's clubs formed this way are regularly organized on a monthly basis, program Facilitator and In the presence Shree Surya jyoti mavi child club first in 2079-10-27, second 2079-11-16 and third 2079-11-28, program Facilitator and in the presence of Shree Bageswori mavi school child club first in 2079-10-19, second 2079 11-16 and third 2079 11-19 meeting is conducted in the presence of the children of the children's club at the school Sri Saraswati Mavi Ghaat gaau of Chaukune rural municipality.

Subject Matter: Information about programe, purpose of monthly children's meetings, Information about sanitation, girl friendly toilets and need, regular health hygiene, sexual and reproductive health were informed.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the formal information, the program was conducted at the appointed time.
- Introduction of the organization along with the objectives of the work discussed its scope and mode of operation of the program.

Participant's number:

Sn	Child club meeting at School	Dalit		Janaj	ati	Othe	rs	Tota	I
	level	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl
[Ward-7, Barahatal RM	7	9	0	I	0	2	7	П
2	Ward-7, Barahatal RM	9	12	0	I	2	I	П	14
3	Ward-7, Barahatal RM	7	10	0	I	I	I	9	12
4	Shree Bageswori Sec School, Rakam	3	6	0	I	2	6	5	14
5	Shree Bageswori Sec School, Rakam	3	8	0	2	4	8	7	18
6	Shree Bageswori Sec School, Rakam	3	8	0	2	I	6	5	16
7	Shree Saraswati Sec School	6	9	I	I	2	6	9	16
	Chaukune								
8	Shree Saraswati Sec School	2	7	0	0	4	7	6	14
	Chaukune								
9	Shree Saraswati Sec School	6	8	ı	I	3	6	10	15
	Chaukune								
	Total							69	126

Achievement:

- Those present in the program have managed to get information about the program.
- Received information about holding regular meetings of the children's club.

Problem:

Not attending the programe on time

8.21 School level Friend Dautari meeting:

Purpose: Advocating the situation of friend dautari, leading children in the program.

Context: Under the women, girls and children rights program, friend dautari is formed at the school

level, is to be actively promoted and develop their decision-making capacity. Encouraging and supporting children to work in their own way and leading them in various awareness programs, creative development, learning to work together in groups, helping to exchange emotional support with friendsPut your thoughts and feelings in various activities, and to be able to speak, and from an early age, encouraged to do various good and good deeds and also chooses and mobilizes good friend dautari to on the right path. From which children get education from a young age in the society to do good and right actions on the right path.



Get drama, painting, song, village sanitation, plantation, maintainance broken down inn, to do various awareness programs through children's clubs. Children belonging to the friend dautari participate in various development and awareness programs as they will work, so the deterioration of the bad path will be reduced. Choosing and mobilizing friend's dautari at the community village, school level also helps them in developing their intellectual abilities. A regular monthly meeting was held with the presence of the friends dautari, program facilitators and shree Bageswori Secondary School on 2079-10-28 to mobilize the friends selected in this way.

Subject matter: Information about programe, **purpose** of monthly children's meetings, Information about sanitation, girl friendly toilets and need, regular health hygiene, sexual and reproductive health were informed.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the formal information, the program was conducted at the appointed time.
- Introduction of the organization along with the objectives of the work discussed its scope and mode of operation of the program.

Participants Number:

Sn	Child club meeting at School	Dalit		Janaj	ati	Othe	rs	Tota	l
	level	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl
I	Ward No-7, Rakam Simta	6	7	ı	0	I	7	8	14
	Total							8	14

Achievement:

- Those present in the program have managed to get information about the program.
- Received information about holding regular meetings of the friend dautari.
- The children of friend dautari have again got the opportunity to meet and discuss with their friends.

8.22 School Level Child Campaign Introductory Program:

Purpose:

- To inform about the program.
- To introduce and interact with child campigner.

Context: Under environmental Agriculture and Development Center (CAED) technical and financial support for the promotion of good governance in coordination with Surkhet, women, girls and children's rights program, quality education of children at the school level, and for health and sanitation and for their financial support they are left behind in the community, In order to support the economically weaker children, this program has been selected and mobilized children's campaigner. To encourage out-of-school children to come back to school, providing sexual and reproductive health education to be conscious and aware of their health, to spread awareness among children to reduce

child marriage, In addition, children's campaigners have been selected in schools with the aim of

providing information about child rights and making them aware of their enjoyment, improving the economic living standards of children and encouraging and supporting them to continue their studies. With the saying that today's children are the leaders of tomorrow, children are considered as a pillar of building a building a new country. The children, who are considered to be a golden spark of change in the village society and the country, have been mobilized with the aim of moving forward be considered as an example of this changing society. In this way, the selected children's campaigner was conducted in the presence of school



to

facilitators and program coordinators on 2079/10/19 of Shree Bageshwory Secondary School Rakam Surkhet, to understand their education, study, condition and situation, which were selected last.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the formal information, the program was conducted.
- Introduction of the organization along with the objectives of the work discussed with child campaigner.

Participants number in competation:

s.n.	Child campaigner		Dalit		Janaja	Janajati		Other			Total
	introducto	ory	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl	
	programme										
1.	Shree	Bageshwory	13	27	2	3	I	8	16	38	54
	mavi, Rakam										

Achievement:

- Those present in the program have managed to get information about the program.
- Received information about holding regular meetings of the child campaigner.
- The children of child campaigner have again got the opportunity to meet and discuss with their friends.

Problem: Inability to meet when all children is not present in school.

8.23 Extracurricular activities program in school:

Purpose:

- For creative development of children.
- To increase the intrest for growth and development of children, for intelligence test, for extracurricular activities.

Context: With the financial and technical support for good governance of the Environmental, Agriculture, and Development Center (CAED), In the coordination of youth organization Surkhet, under the women, girl and child rights program, Simta rural municipality ward no. 6 Shree Baageswori mavi, Rakam on 2079/11/1, In order to stimulate the study and creative



development of children as well as extracurricular activities at the school level, extracurricular activities under the Friday program in schools and organizations were conducted quize competition.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the formal information, the program was conducted.
- Introduction of the organization along with the objectives of the work discussed with child campaigner.
- Drawing competation was conducted and distributed prize.

: Participants number in competation:

s.n.	Extra	curricular	Dalit		Janajati		Other		Total		Total
	acrivities in	school	Boy	Girl	Boy	Girl	Boy	Boy	Girl	Boy	
1.	4		5	3	0	5	3	12	8	20	

Achievement:

- All-round development of children as well as boosting confidence.
- Development of emotional support and creative arts in children.
- In addition to gaining public awareness about child rights, child marriage and domestic violence, children can also be competitive in extracurricular activities.
- During the competition, the children who were successful in the competition felt happy as
 the prizes were distributed to all the participating children while only the able children were
 awarded.

First position in the competation	Second position in the competation
I. Sundar Pun	I. Rajan Nepali
2. Sarita Pokhrel	2. Rupsari BK
3. Dipsikhe Lamsal	3. Hemraj Sharma
4. Abhisekh Pun	4. Samir Malla
5. Sunita Nepali	5. Suresh Sunar
Third position in the competation	Fourth position in the competation
I. Madhab BK	I. Garima Bista
2. Kamal Sunar	2. Aadarsha BC
3. Dinesh Pariyar	3. Anshu Gupta
4. Lalita Sunar	4. Renisha Luhaar
5. Lalita BK	5. Niraajan Bohora

8.24 Ward level youth club mobilization program:

Context: The day of 2079/11/6 in Simta Rural Municipality and on 2079/11/20 of Chaukune Rural Municipality, with the financial and technical support for good governance of the Environmental, Agriculture, and Development Center (CAED), the youth organization Surkhet organize a ward-level youth club in Simta Rural Municipality under the women, girl and child rights programe. The programe was carried out in coordination with the youth club at the local level. The role of youth is important for

the development of the village, tole, and local level along with country. Accordingly, a youth club has

been formed with the goal that teenagers can change the society and the country. It has been conducted in Simta Rural Municipality of Surkhet district to facilitate women, girls and child rights programs. Especially women's uterine prolepse, violence against women, sexual and reproductive health, child Marriage Reduction, youth empowerment, child club advocacy, assistance in various campaigns, public awareness and support regarding sexual and reproductive health, Support for children who are out of school to attend school, support in child policy formulation, Chhaupadi and Menstrual Hygiene, management Campaign, Since it is easy



and relevant to facilitate the sanitation management through the youth, the health worker has planned to collaborate with the club in this program. Accordingly, the program was completed in the presence of the youth club program coordinator, program facilitator and the head of the organization.

Discussion topics: Child rights, child sexual exploitation, reduction of child marriage, child protection, violence, menstrual hygine, untouchable, environment and village sanitation and awareness programs have been discussed and coordinated with the youth club.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the formal information, the program was conducted.
- Introduction of the organization along with the objectives of the work discussed with child campaigner.

Participants Numbers:

s.n.	Ward	level	Dalit		Janajat	ti	Other		Total		Total
	youth mobilization program	club	М	F	M	F	М	F	M	F	
1.			I	5	0	0	I	3	2	8	10
2.			5	-	0	0	18	0	23	ı	24
	Total										34

Achievement:

- Coordination with youth club for the welfare of children, security, education to reduce child marriage.
- It is also easy to advocate for public awareness programs for children rights about sexual discrimination, sanitation.
- Spread various public awareness campaigns at school and community level to reduce child marriage.
- Through child club, the society has been facilitated to organize various days and other awareness programs in the villages.

Problem:

- Not attending the event on time.
- Even when invited to the program, does not attend easily.
- Late attendance.

8.25 Name of the program: On the occasion of 113th International Women's Day, cultural program held in different wards of Simta, Chaukune and Barahatal Rural Municipality.

Purpose:

- Ending violence against women and building an egalitarian society without discrimination.
- Unleashing the inherent talent of the women.

Context: with the financial and technical support for good governance of the Environmental,

Agriculture, and Development Center (CAED), the youth organization Surkhet organize a ward-level women network celebrated womens day on the occasion of 113th womens day in Barahatal Rural Municipality ward no 10 salainaa ward no 7 Lamakhali, ward no 6 biyureni, Simta Rural Municipality ward no 6 Rakam, Chaukuney Rural Municipality ward no 4,5,9,10 under the women, girl and child rights program. It is celebrated on 8 march every year through out the world. It is also known as Women's Awareness Day. Women's Day, which is considered as a world movement to provide human rights to women, has crossed a century and a decade.



Women's Day is a global campaign to advocate that women should have the same rights that men have as human beings. It envisioned a society that is egalitarian and discriminates. Women's Day is an important day to analyze how far we have come and adopt more strategies to end the discriminatory situation of having to be looked at or treated differently because of being a woman. Women's Day is celebrated by organizing various events around the world. Although men and women are called two wheels of the same chariot in our society, women and men are not equal in behavior. On March 8th of the year, not as International Women's home festival, but raise the voice against the violence of the victimized women. The main goal of this day is to end violence against women and create an environment based on equality. Now, even in the twenty-first century, women are discriminated because they are women. Such as acid attacks, accusing witches, coercion, burning alive in the name of dowry, they are facing many other inhumane treatment and problems like sexual abuse.

Subject Matter: Sexual violence, domestic violence, chhaupadi practice,menstrual hygine,sanitation and protection,secual and reproductive rights, women empowered and women rights etc.

Operating Methods and Procedures:

- Information was conveyed to all participants through various means of correspondence, phone and direct meetings.
- After the formal information, the program was conducted.
- Introduction of the organization along with the objectives of the work discussed with child campaigner.
- Conducted National anthem, welcome speech and guest taking seat.
- Various competations was conducted and distributed prize.

Participants number in competation:

s.n.	Participant ward	Dalit		Janaja	ati	Othe	er	Total		Total
		F	M	F	M	F	M	F	M	
Ι.	Barahatal ward no.10	35	3	56	5	33	3	124	П	
2.	Barahatal ward no. 7	86	26	12	2	3	I	101	29	
3.	Barahatal ward no. 6	50	7	10	0	107	20	148	27	
4.	Chaukune ward no.4	16	2	7	ı	23	12	46	15	
5.	Chaukune ward no. 5	55	П	39	3	56	12	150	126	
6.	Chaukune ward no. 9	45	2	3	0	32	5	80	7	
7.	Chaukune ward no. 10	24	4	0	0	96	9	121	13	
8.	Simta ward no. 6	51	8	16	0	60	9	127	17	
	Total									1061

Achievement:

- All round development of women as well as increasing confidence.
- Development of emotional support and creative arts in women.
- Showcasing the inherent talent of women.
- Developing the ability to speak.
- To raise public awareness about discrimination and violence against women.
- Active participants of ward-level mothers' groups can grow competitively as well.

Problems:

• Not being able to conduct the program on time.

Learning:

• By preparing the program in advance, will be successful.

8.26 Women's Network Mobilization:

Purpose:

- To inform about the uterine prolepse and domestic remedies.
- To inform about family planning tool.
- Making reproductive health rights accessible.
- To inform about Chhaupadi practice and menstrual hygine.

Context: With the financial and technical support for good governance of the Environmental,

Agriculture, and Development Center (CAED), the youth organization Surkhet organize a ward-level women network under the women, girl and child rights program, women's network mobilization was held in Barahatal Rural Municipality ward no 10 Lisne, Fulbari swasthya mother group on 2079/11/17, Barahatal Rural Municipality ward no 10, Dhanigaad, Sarswati swasthya mother group on 2079/11/19, Barahatal Rural Municipality ward no 10, Thumka, Sarswati swasthya mother group on 2079/11/20, , Barahatal Rural Municipality ward no 6, Simalchaur, Chetana swasthya mother group on 2079/11/28, Barahatal Rural



Municipality ward no 6 Byureni. In beauty group on 2079/11/26, Milan chowk mother group, Pragatishil mother group, Thaadibaas on 2079/11/19, ward no. 6 Basantapur Jaagaran health and sanitation mother

group on 2079/11/25, Barahatal ward no. 7 on 2079/11/16, Kalyan on 2079/11/18, 2079I1/17 2079/11/27 and Chaukune rural municipality ward no. 10 Bista tole on 2079/12/5, in Kumal on 2079/12/6, in Namuna tole on 2079/12/6, Mala tole 2079/12/6,likewise, ward no. 4 in shanti mother group on 2079/12/3, Hariyali mother group on 2079/12/5, Newroad Niradanda mother group on 2070/12/5, ward no. 9 hariyali mother group 2079/12/2, Janajaagaran mother group on 1079/12/3, jana jaagriti mother group on 2079/12/4, Bihani mother group on 2079/12/4, ward no. 5 Shanti mother group on 2079/12/5, Hariyali laligurans mother group on 2079/12/5, Kalika mother group on 2079/12/6, Barpipal mother group on 2079/12/6, Simta rural municipality ward no. 6 on 2079/12/16, Thigni on 2079/12/19 and in Rakam on 2079/11/22, A women's network mobilization program was conducted. In the mothers' group, four members of the women's network discussed about uterine prolepse, family planning tools and reproductive health rights.

Subject Matter: The problem of uterine prolepse, reproductive health rights and family planning tools.

Operating Methods: Necessary preplan, introductory programe, Information about subject matter through Philip chart.

Participants number in programme::

s.n.	Municipality	Mother Group	Dalit	;	Jana	jati	Oth	er	Tota	I	Total
I.	Barahatal 10	Fulbari swasthya mother group, Lisney	F 5	M 0	F 3	M 0	F 18	M 0	F 26	M 0	26
2.	Barahatal 10	Sarswati swasthya mother group, Lisney	12	0	I	0	17	0	29	0	29
3.	Barahatal 10	Srijana swasthya mother group, Thumka	6	0	15	0	11	0	32	0	32
4.	Barahatal 10	Chetana swasthya mother group, Simalchaur	0	0	14	0	7	0	21	0	21
5.	Barahatal 6	Milan chowk mahilaa Bachat samuha	7	0	0	0	28	0	35	0	35
6.	Barahatal 6	Mahila mother group	16	0	7	0	27	0	50	0	50
7.	Barahatal 6	Pragatishil mother group	2	0	8	0	15	0	25	0	25
8.	Barahatal 6	Jagaran swasthya &Sanitation group	26	0	4	0	3	0	33	0	33
9.	Barahatal 7	Kalyan mother group	7	0	11	0	7	0	25	0	25
10.	Barahatal 7	Pidhale mother group	12	0	10	0	3	0	25	0	25
11.	Barahatal 7	Glvineykhola mother group	28	0	2	0	2	0	32	0	32
12.	Barahatal 7	Jhumki mother group	14	0	10	0	3	0	27	0	27

13.	Chaukune 10	Bista tole	7	0	0	0	13	0	20	0	20
14.	Chaukune 10	Kumala Tole	17	0	0	0	8	0	25	0	25
15.	Chaukune 10	Namuna Tole	8	0	0	0	П	0	19	0	19
16.	Chaukune 10	Mala Tole	18	0	0	0	9	0	27	0	27
17.	Chaukune 4	Shanti mother group	2	0	I	0	20	0	23	0	23
18.	Chaukune 4	Bulbule mother group	12	0	0	0	10	0	22	0	22
19.	Chaukune 4	Hariyali mother group	5	0	6	0	18	0	30	0	30
20.	Chaukune 4	Newroad Nira Dand	7	0	0	0	13	0	20	0	20
21.	Chaukune 9	Hariyali mother group	14	0	0	0	П	0	25	0	25
22.	Chaukune 9	Janajaagaran mother group	13	0	I	0	8	I	22	I	23
23.	Chaukune 9	Janajaagrit mother group	ı	0	17	0	6	0	24	0	24
24.	Chaukune 9	Bihani mother group	ı	0	3	0	14	0	18	0	18
25.	Chaukune 5	Shanti mother group	5	0	I	0	24	3	30	3	33
26.	Chaukune 5	Hariyali Laligurans mother group	27	0	I	0	I	0	29	0	29
27.	Chaukune 5	Kalika mother group	5	0	3	0	13	0	21	0	21
28.	Chaukune 5	Barpipal mother group	2	0	30	0	2	0	34	0	34
29.	Simta 6	Ghoreri mother group	0	0	0	0	18	0	18	0	18
30.	Simta 6	Thigni mother group	0	0	0	0	12	0	12	0	12
31.	Simta 6	Ritabotmother group	I	0	15	0	0	0	16	0	16
32.	Simta 6	Rakam mother group	2	0	0	0	13	0	15	0	15
	Total										814

Achievement:

- To get information about uterine prolepse and domestic remedies.
- To get information about family planning tools.
- To get information about reproductive health rights.
- To get information about menstrual hygine.

- What is sexual violence? To get the information and discussion about its impact on women and girl, to get the information about how to reduce it.
- To get the information about chhaupadi practice and how women and girl get affected by it and to get the knowledge about how to reduce.

Problem:

It feels difficulty to conduct programme because it is happening for the first time.

Leaarning:

• It is easy to go on floor with adequate pre plan.

8.27 Monthly meeting child right commettie:

Purpose:

- To inform the municipality about the child rights committee formed in the ward.
- To request a budget for children's capacity building and leadership development from the rural municipality.

Context: The economic status of the children living in Barahtal Rural Municipality Ward No. 7 is weak and and they have become victims of various violence and Chhaupadi practice. Because of this, it is necessary to identify the potential of children and develop their leadership. It is also necessary to make them aware about child rights. Children should be taught to move forward with the aim that their homes should be directed towards the development of the society and the country. There need a separate law related to children to protect the rights and interests of children and to develop them physically and intellectually. Child shall not be exploited or improperly used in the name of



religious practice. Physical and mental torture of any kind shall not be done to children in school, house or any other place and situation. Disabled, orphan, conflict victims, Displaced and at risk children should have special protection from the state. The meeting of the Child Rights Committee formed at Lamakhali of Barahatal Rural Municipality Ward No.7 has been completed on 2079-12-2.

Subject Matter: A discussion on reducing child marriage, Discuss gender discrimination, Discussion about chhaupadi practice and discussion regarding its mitigation, Reproductive health and child rights were discussed.

Operation Method: Necessary preplan, introductory program, information about subject matter, and discussion has been done.

Participants Number:

s.n.	Child Committee meeting	Rights	Dalit		Janajat	i	Other		Total		Total
Ι.	Barahatal	rural	F	М	F	M	F	M	F	M	П
	municipality no. 7, Lamak		4	I	I	2	I	I	6	4	
2.	Chaukune	rural	4	3	0	0	3	5	7	8	15

	municipality no. 10, Ghaat	ward gaau									
3.	Simta municipality no 6, Rakam	rural ward	4	2	0	2	2	4	6	8	14

Achievement: In order to increase the capacity of the children, the children's rights committee of the Women, Children and Senior Citizens Branch of Brahatal Rural Municipality has discussed and made it in the budget.

8.28 Religious and cultural program including public awareness campaign related to reduction of child marriage:

Purpose:

- To reduce child marriage.
- To reduce domestic violence.
- Ehanance the capacity of youth.

Context: Even as we enter the 23rd century, our society is still not free of violence. Child trafficking,

sexual Exploitation of children, children labour, many acts of violence such as child marriage have raised the issue of children's rights and liberties. Although many slogans and laws have been made regarding children, their implementation has not yet been completed. Children fall into the evil way by following the desire of others. Therefore, by forming a group of young people in the society, forming a youth club and doing every activity in the society, it helps to change the society. In this way, the youth in the society, everyone in their community should join the club to change the society. Since the youth will be well aware of the events and activities in their society, they may have to find ways to eliminate them later and solve the problems. Young



people who are dedicated to the development of the country and social change will be less likely to fall into bad ways and will develop all-round. There are various activities in their community is happened such as cleanliness,water, irrigation, road,drama, cultural programme, help, plantation and public awareness campaigns programme.

Under this, the youth clubs in Simta rural municipality and Chaukune rural municipality are also doing various activities in their communities. On 2079/12/9, the youth club of Chaukune rural municipality organized a program with a campaign to reduce child marriage. On the occasion of Women's Day, a street drama and cultural program was held in Simta rural municipality with the aim of ending violence against women on 2079/11/24.

Subject Matter: A campaign to reduce child marriage and awareness-raising street plays and cultural programs were held to end violence against women.

Operational Method: Programme included Necessary preparation, campaign, cultural programme, street play, speech deliver and concluded.

Participant's number:

s.n		Dalit		Janajat	Janajati		Other			Total
		F	M	F	M	F	M	F	M	
1.	Chaukune Rural municipality	6	4	2	I	36	П	44	16	
2.	Simta municipality	51	8	16	0	60	9	127	17	
	Tptal									204

Achievements:

- All-round development of the youth and increased self-confidence
- Development of emotional support and creative arts in youth.
- Developing the inherent potential of the youth.
- Advancing the youth in every field.
- To develop the ability to speak.
- Increasing the active participation of ward level youth clubs.

9. Measures adopted in the implementation process:

Which all two activities/ strategy/method/process worked or effective? Explain how and why did those factors work or effective.	• As part of the women, girls and children rights program, village level and ward level introductory programs are conducted and the program to discuss and talk about the problem of women's uterine prolapsed, prevent child marriage, menstruating, chhaupadi, violence against women were effective in the community. In order to prevent child marriage, which is a growing problem in this community; various public awareness programs are conducted in the community and give them message in a way that child marriage can be stopped if the children are informed about the negative effect of child marriage. Due to child marriage, women are facing various problems in future. In order to avoid these problems, preventing such programs remained effective in the community.
Which all two activities/ strategy/method/process did not work or effective? Explain how and why did not those factors work or effective.	• As part of the women, girls and children rights program, new areas of work have been maintained while keeping the old areas of work and here, the dautari education workers in the village also have no selection program in the new schools and and the old selection of child campaign and dautari remain. Also, in the old working area, there was only a program for children, while in the new area, the program could not be held due to Dashain and Tihar festivals.
What changes or adjustments were made to the plan during program implementation? If so, why?	 The program has been conducted according to the plan made to implement it, however, in order to make the program successful, the program has been conducted in coordination with the staff of the rural municipality, ward, schools and local areas which has important role in conducting the program.

10. Stories of change 0r success stories 0r case study:

10.1 Sathi Dautari Samira in social campaign:

Samira rokaya is a friend Dautari, resident of Simta Rural Municipality Ward No. 6, Surkhet, born in 2064 5-28 from fatherTop Bahadur Rokaya and mother Hira Rokaya. She is 16 years now and she studies in Shree Baageswory Seconday School, A very hardworking and discipline student. She has five

members in her family. Her economic condition is weak but does farming and wage labor to run her household. Her speech is sweet, behaviuor is friendly, she likes to play, drama and dance. She is very interested in her studies likes to make new friends and likes to hang out with friends. Most of the people of all castes live in her community Most of the people here are unemployed and their main source of livelihood is farming and traveling to India for work. Due to being unemployed, most of the men go



to the neighboring country of India to work and earn money. When the parents of the house go to the abroad, women and children are not able to be completely safe at home, despite the economic problems, gender violence, child marriage, women's health, the problem of uterine prolapse of women is the main problem there.

There are many stories of poverty in Samira's life. She was very sick when she was young. Even now she suffers from frequent headaches. Even his parents say that they could not get proper treatment due to poor finances.

Along with studying, Samira also works in the garden, selling the vegetables grown in the field and fulfilling the minimum needs of the house. On the other hand, youths are unemployed and due to lack of public awareness, people are falling into addiction. Due to the lack of public awareness, teenagers are getting married and giving birth to children at a young age which led to uterine prolepse. Due to lack of nutritious food and lack of health checkup and hygiene during pregnancy, various health problems are emerging.

Seeing the current situation, Samira also started working as a freind campaign from 2074 as a public awareness program under the women's girl child and child rights program. Samira says that women and teenagers have been taught to take care of their health by taking care of their health through menstrual hygiene. According to her, after participating in the program related to women, girls and children's rights, I have also learned a lot and started teaching the things I know. In this way, along with my studies, I have also taken forward the social campaign. I am very happy to teach what I have learned. I am grateful to the organization for giving me such an opportunity.

10.2 Adolescent Birma Change in her social service.

Birma Bk is the member of child club reside in Barahatal Rural Municipality ward no 7 Jhumki. She is a hardworking and disciplined student studying in class 10th at Shree Surya Jyoti Secondary School Lamkhali. There are 6 members in his house including two sisters, one brother and father. She is the eldest daughter of the family, the economic condition of her family is poor, as there is only a small land, Bima's father is disabled so her mother went to abroad to earn. Her speech is sweet, behaviuor is friendly, she likes to play, drama and dance. She is very interested in her studies likes to make new friends and likes to hang out with friends. It is a custom here for unemployed youths to go to India for employment. There are many stories about the life of Birma. As soon as she was born, her parents went to India for employment. She came to Nepal after 6 years and started studying. After father became

disabled in a car accident, her brothers and sisters came to Nepal and settled here. Since father has to

take medicine for the rest of his life and all his siblings, including herself, are young and weak, s0 mother has to go abroad to run the house.

Birma also works in the garden in a spare time, selling the vegetables grown in the field and fulfilling the minimum needs of the house like medicine for the father and book copy for sibling.

In Bhadra 2079, she became a member of child club and after participating in various programs related to women, girls and children's rights, she was able to



get information about children's rights, girls and women's health and become mature. I have also shared my friends about the knowledge I got. After learning about child right, sexual discrimination, violence, we have have discussed with the family members and girls of the community and I got an opportunity to learn from it too. According to her family members, we are very happy that the women adolescent program has come. We are happy that we have learned things that we did not know.

Women, girls and children's rights programs, health awareness programs, hygiene issues, to achieve higher education, from early marriage to early childhood problems, early childhood problems, also We have tried to bring about change collectively by addressing the problems in the village, We are trying to mobilize for social change in this way. I express my gratitude to the supporting organization.

II. Achievement:

- 286 postpartum, 369 pregnant women and 130 newly married couples have been met and distributed seeds to 246 people.
- 1061 women will celebrate Women's Day.
- Meetings and introductory programs have been completed with 263 municipal and ward level stakeholders.
- 2 96 children have acquired useful skills and knowledge and 82 teacher and parents have received training in making homemade pads.
- 814 women's network members have been mobilized, 40 child rights committee meetings and 240 youths have been involved in child marriage reduction campaign.
- 3971 mothers from 42 mothers' groups have discussed various issues related to women's health.
- A ward level women's rights network has been formed and there are 290 members.
- 284 female and male students have participated in extracurricular activities in the school.
- After home visit and group discussion, seven women with uterine prolepse were cured by home herbs and physical exercise.
- 8 brothers and sisters who dropped out of school have continued their studies after the club was formed and discussed by the child teenagers.
- Adolescents discarding pads randomly during menstruation after homemade pad making training, And after the four-day life skills development training of the child club, they have done the disposed correctly and well.
- There is only one woman who can open up about her problem after group discussion.

• After distributing the seeds of the program, the women in the community will plant them in the garden, Children from the children's club have reached 8 people who have requested that they should go to their homes and make garden.

12. Planning and monitoring:

Ward level program in Ward No. 6, 7 and 10 of Barahtal Rural Municipality and municipal level program in the municipality as well as ward level program in Ward No. 6 of Simta Rural Municipality and municipal level program in the municipality with the financial support of Environmental Agriculture and Development Center (CAED) and youth organization for promoting good governance. Wards and municipalities conducted an orientation program under the women's and children's rights program. The program included the executive committee, ward chairpersons, officials of administrative areas, and heads of various branches, health workers, educated women volunteers, religious personalities, police and public representatives. In which the initiatives taken for the women's uterus related problems ring pesari from the higher level, the upliftment of women and children affected by violence, reproductive health education as well as various programs were discussed. The quality education of the children, condition of toilet was also discussed regarding the condition of Kishore children feirndly School.

13. Advice and suggestions taken from stakeholders:

- While conducting the program, it is better to conduct programs at the local level in all the municipal and wards and the program should be conducted by coordination at all levels.
- All schools should have youth-friendly toilets and also asked to provide various incomegenerating skills and trainings.
- Stretcher, weighing machine for pregnant women as well as ring pessary training have been demanded from health institutions.

14. Learning:

- While working in women's youth and child rights programs, it has been experienced that everything is possible if the target activities are carried out.
- After giving advice to pregnant women, they have to undergo regular check-ups.
- The skill programs related to income generation of pregnant women, economic and nutrition, when their husbands go out to earn money because of financial crisis, the women are not able to pay attention to the comfort and nutrition that can be taken care of during labor and pregnancy, it seems that working in that area will give good results.
- It seems that the program will be effective coordinating before the program.
- The reports will be easy if the school can be informed about the information about all the programs to be conducted in the school and the data taken from the school.

15. Problem:

• Due to geographical difficulty, it was very difficult to get enough educational and materials while conducting the four-day training, and due to the problem of Chhaupadi, it was difficult to be a victim of negative beliefs. Children had to drop their studies as the school was in session.

- Due to the lack of information and communication means and geographical difficulties, it would be difficult to inform everyone.
- It is difficult to program effectively without a good understanding of the program
- Feeling bad that all children can't be included in the program

16. Conclusion:

Despite heavy rains and election atmosphere due to rain throughout the period of starting the program, the planned programs have been able to be conducted. In order to manage and facilitate the program, the field staff campaign and the staff of the facilitators and supporting organizations take full responsibility and the efficiency of the programs has been systematic and goal-oriented as well as successful. Due to the proper guidance and regular advice and suggestions of the officers and senior staff of the management organization, as well as the active participation of the community and the support and relations received from the municipal level, all the planned programs have been able to complete the program in the right way, even for the sake of problems and challenges.

17. Photographs

